

## CHOICES Community of Practice November Coffee Chat Resource Round-up

*This document compiles resources shared during the November 21, 2024 coffee chat: Cost-Effective Strategies to Create Healthier Environments: A Walkthrough of the CHOICES National Action Kit 2.0. This coffee chat featured a demonstration of how to use the CHOICES National Action Kit 2.0, highlighting the metrics that can be compared and where to find more detailed information about a strategy to support the planning and prioritization of health promotion efforts. [Recording](#) | [Presentation Slides](#)*

### **Guest Speaker:**

- **Jessica Barrett**, Senior Research Analyst at the Prevention Research Center on Nutrition and Physical Activity at the Harvard T.H. Chan School of Public Health

### **Resources shared during the coffee chat**

#### **CHOICES National Action Kit 2.0**

*The CHOICES team has projected the national population reach, impact on health, implementation costs, health care cost savings, and health equity (when relevant data are available) for effective policies and programs that can be used in schools, early care and education and out-of-school settings, communities, and clinics. The kit allows you to compare up to four strategies at a time to help inform your organization's decision-making around promoting healthy weight.*

<https://choicesproject.org/actionkit2023>

- *Key companion resources:*
  - CHOICES National Action Kit User Guide: <https://choicesproject.org/action-kit-user-guide>
    - How did CHOICES choose these strategies: <https://choicesproject.org/action-kit-user-guide/#choose>
    - What are uncertainty intervals: <https://choicesproject.org/action-kit-user-guide/#uncertaintyintervals>
    - What are QALYs: <https://choicesproject.org/action-kit-user-guide/#qalys>
    - Cost-effectiveness metric: <https://choicesproject.org/action-kit-user-guide/#costperqaly>
  - CHOICES National Action Kit Modeled Outcomes Glossary: <https://choicesproject.org/action-kit-glossary>
  - Methods: <https://choicesproject.org/methods>
  - CHOICES strategy reports are also available in our Resource Library: [https://choicesproject.org/resource-library/?\\_sf\\_s=%22strategy%20report%22](https://choicesproject.org/resource-library/?_sf_s=%22strategy%20report%22)
  - Example report used during the coffee chat:
    - Movement Breaks in the Classroom Strategy Report: <https://choicesproject.org/publications/movement-breaks-report>
- *Examples of relevant briefs & resources shared in response to questions:*
  - Healthy Incentives Program within SNAP in Harris County, TX research brief: <https://choicesproject.org/publications/brief-snap-houston-tx>
  - Resources related to Safe Routes to School: [https://choicesproject.org/resource-library/?\\_sf\\_s=%22safe%20routes%20to%20school%22](https://choicesproject.org/resource-library/?_sf_s=%22safe%20routes%20to%20school%22)
  - Resources related to water in schools: [https://choicesproject.org/resource-library/?\\_sf\\_s=%22water%20in%20schools%22](https://choicesproject.org/resource-library/?_sf_s=%22water%20in%20schools%22)

## **ABOUT THE CHOICES COMMUNITY OF PRACTICE**

The CHOICES Community of Practice is an initiative of the CHOICES Project at the Harvard T.H. Chan School of Public Health. The CHOICES Community of Practice includes people whose work focuses on advancing obesity prevention, healthy eating, and active living and want to learn more about how cost-effectiveness analysis can advance their efforts and address health equity. **Sign up to access tools and resources, connect with members, and more!** Learn more about CHOICES: <https://choicesproject.org>

- ⇒ Learn more about the Prevention Research Center on Nutrition and Physical Activity at the Harvard T.H. Chan School of Public Health <https://www.hsph.harvard.edu/prc>
- ⇒ Visit the CHOICES Community of Practice: <https://choicesproject.org/comm-of-practice>